

# April S. Masarik, Ph.D.

Department of Psychological Science  
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[Department Website](#) • [Personal Website](#) • [Lab Website](#) • [Google Scholar Page](#)

## Employment

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<b>Associate Professor</b> , Boise State University Department of Psychological Science	<b>August 2021 – present</b>
<b>Assistant Professor</b> , Boise State University Department of Psychological Science	<b>August 2015 – August 2021</b>
<b>Postdoctoral Scholar</b> , University of California, Davis Department of Human Ecology; <i>Family Research Group</i>	<b>August 2014 – June 2015</b>
<b>Graduate Student Researcher</b> , University of California, Davis Department of Human Ecology; <i>Family Research Group</i>	<b>January 2010 – June 2014</b>

## Education

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<b><u>Doctor of Philosophy</u></b> in Human Development (University of California, Davis) <i>“Economic Hardship and Romantic Relationship Functioning Within and Across Generations”</i> <ul style="list-style-type: none"><li>Committee: Rand D. Conger, Katherine J. Conger, Monica J. Martin, Emilio Ferrer, &amp; Frederick O. Lorenz</li></ul>	<b>June 2014</b>
<b><u>Master of Science</u></b> in Child Development (University of California, Davis) <i>“Romantic Relationships in Early Adulthood: Influences of Family, Personality, and Relationship Cognitions”</i> <ul style="list-style-type: none"><li>Committee: Rand D. Conger, Katherine J. Conger, &amp; Katherine E. Masyn</li></ul>	<b>June 2011</b>
<b><u>Bachelor of Science</u></b> in Psychology (Boise State University)	<b>December 2007</b>

## Research Interests

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• life course development • coping with stress • resilience • refugee resettlement and immigration • romantic relationships • parent-child relationships • intergenerational transmission of behavior in families • transitions to adulthood • educational pathways • individual differences

## Teaching at Boise State University

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Adolescent & Adult Development (PSYC 310)	2023 – present
Child Development (PSYC 309)	2015 – present

Children & Families: Multicultural Perspectives (PSYC 419)	2015 – present
Psychology Teaching Assistant Practicum (PSYC 402)	2015 – present
Directed Research in Psychology (PSYC 488)	2015 – present
Research Methods (PSYC 321)	2015 – 2017

## Publications

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- Doyon, K., Bigger, S., Snopkowski, K., Temkin Martinez, M., Rosa, W. E., Oluwatoba-Adeyemi, A. & **Masarik, A. S.** (2026). Healing with humility: Palliative care for refugee communities. *American Journal of Nursing*, 126(3), 7-11. <https://doi.org/10.1097/AJN.000000000000258>
- Taylor, Z. E., **Masarik, A. S.**, & Hernández, M. M. (2025). Integrating resilience processes in the family stress model: An introduction to the special issue. *Journal of Family Psychology*, 39(8), 1051-1059. <https://doi.org/10.1037/fam0001424>
- Masarik, A. S.** & Martin, M. J. (2025). Financial strain and family relationships. In N. Overall, J. Simpson, & J. Lavner (Eds.), *Research Handbook on Couple and Family Relationships*. Edward Elgar Publishing. <https://doi.org/10.4337/9781035309269>
- Masarik, A. S.** & Rogers, C. R. (2024). Behavioral pathways from adolescent sibling relationships to adult romantic relationships. *Journal of Research on Adolescence*, 34(4), 1276-1286. <https://doi.org/10.1111/jora.12974>
- Masarik, A. S.**, Fritz, H., & Lazarevic, V. (2022). Stress and resilience among resettling refugee youth: An illustrative review and new applications for the family stress model. *Journal of Family Theory and Review*, 14(2), 207-232. <https://doi.org/10.1111/jftr.12454>
- Conger, R. D., Martin, M. J., & **Masarik, A. S.** (2021). Dynamic associations among socioeconomic status (SES), parenting investments, and conscientiousness across time and generations. *Developmental Psychology*, 57(2), 147-163. <https://psycnet.apa.org/doi/10.1037/dev0000463>
- Masarik, A. S.**, & Rogers, C. R. (2020). Sibling warmth moderates the intergenerational transmission of romantic relationship hostility. *Journal of Marriage and Family*, 82(5), 1431-1443. <https://doi.org/10.1111/jomf.12654>
- Stocker, C. M., **Masarik, A. S.**, Widaman, K. F., Reeb, B. T., Boardman, J. D., Smolen, A., Neppl, T. K., & Conger, K. J. (2017). Parenting and adolescents' psychological adjustment: Longitudinal moderation by adolescents' genetic sensitivity. *Development and Psychopathology*, 29(4), 1289-1304. <https://doi.org/10.1017/S0954579416001310>
- Masarik, A. S.** & Conger, R. D. (2017). Stress and child development: A review of the Family Stress Model. *Current Opinion in Psychology*, 13, 85-90. <https://doi.org/10.1016/j.copsyc.2016.05.008>
- Masarik, A. S.**, Martin, M. J., Ferrer, E., Lorenz, F. O., Conger, K. J., & Conger, R. D. (2016) Couple resilience to economic pressure over time and across generations. *Journal of Marriage and Family*, 78(2), 326-345. <https://doi.org/10.1111/jomf.12284>
- Martin, M. J., Conger, R. D., Sitnick, S. L., Forbes, E. E., **Masarik, A. S.**, & Shaw, D. S. (2015). Reducing risk for substance use by economically disadvantaged young men: Positive family environments and pathways to educational attainment. *Child Development*, 86(6) 1719-1737. <https://doi.org/10.1111/cdev.12413>
- Conger, R. D., Martin, M. J., **Masarik, A. S.**, Widaman, K. F., & Donnellan, M. B. (2015). Social and economic antecedents and consequences of adolescent aggressive personality: Predictions from the Interactionist Model. *Development and Psychopathology*, 27, 1111-1127. <https://doi.org/10.1017/S0954579415000711>

Martin, M. J., Blozis, S. A., Boeninger, D. K., **Masarik, A. S.**, & Conger, R. D. (2014). The timing of entry into adult roles and changes in trajectories of problem behavior during the transition to adulthood. *Developmental Psychology*, 50(11), 2473-2484. <https://doi.org/10.1037/a0037950>

**Masarik, A. S.**, Conger, R. D., Donnellan, M. B., Stallings, M. C., Martin, M. J., Schofield, T. J., Neppl, T. K., Scaramella, L. V., Smolen, A., & Widaman, K. F. (2014). For better and for worse: Genes and parenting interact to predict future behavior in romantic relationships. *Journal of Family Psychology*, 28(3), 357-367. <https://doi.org/10.1037/a0036818>

**Masarik, A. S.**, Conger, R. D., Martin, M. J., Donnellan, M. B., Masyn, K. E., & Lorenz, F. O. (2013). Romantic relationships in early adulthood: Influences of family, personality, and relationship cognitions. *Personal Relationships*, 20(2), 356-373. <https://doi.org/10.1111/j.1475-6811.2012.01416.x>

## Grant Sponsored Research Activity (Funded)

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**National Science Foundation** (TRANSFORM Program – Community Engaged Public Scholarship Initiative Grant)

“Building Meaningful Intergenerational Relationships”

- Budget: \$7,500 (grant period 2024 – 2025)
- Principal Investigator: **April S. Masarik**

**Spencer Foundation** (Small Grant Program)

“Educational Outcomes for African Refugee Youth: A Longitudinal Study of Stress and Protective Factors”

- Budget: \$50,000 (grant period: 2020 – 2026)
- Principal Investigator: **April S. Masarik**; Co-Principal Investigator: Kristin Snopkowski

**Osher Lifelong Learning Institute** (Faculty Grant Program)

“Educational Outcomes for Refugee Youth in Boise: Sources of Stress and Resilience”

- Budget: \$5,000 (grant period: 2017 – 2018)
- Principal Investigator: **April S. Masarik**; Co-Principal Investigators: Kristin Snopkowski & Kathryn Demps

**National Science Foundation** (WIDER PERSIST Program)

“Creating Stronger Psychology Students Through the Adoption of EBIPs in Large Enrollment and Research-Focused Classes”

- Budget: \$55,780 (grant period: 2016 – 2017)
- Principal Investigators: Jennifer Weaver & Teresa Taylor; Co-Principal Investigator: Cynthia Campbell
- Faculty in Supportive Roles: **April S. Masarik**, Brian Stone, Kimberly Henderson, Kimberly Hardy, & Matt Genuchi

## Awards, Fellowships, & Recognitions

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**Outstanding Undergraduate Research (OUR) Mentor of the Year Award** (Boise State University)      **2026**

**Golden Apple Award, Nominee** (Boise State University)      **2026**

<b>Everyday Teaching Award</b> (Boise State University)	<b>2025</b>
<b>Teaching Recognition &amp; Induction into Phi Kappa Phi National Honors Society</b>	<b>2024</b>
<b>BUILD (Boise State Uniting for Inclusion and Leadership in Diversity) Certificate</b>	<b>2020</b>
<b>Top Ten Scholar, Honored Faculty</b> (Boise State University)	<b>2019</b>
<b>Golden Apple Award, Nominee</b> (Boise State University)	<b>2019</b>
<b>Ten Before Tenure Certificate</b> (Boise State University)	<b>2019</b>
<b>Early Career Teaching Scholar</b> (Boise State University)	<b>2017 – 2018</b>
<b>Golden Apple Award, Nominee</b> (Boise State University)	<b>2017</b>
<b>Service Learning Faculty Fellow</b> (Boise State University)	<b>2017</b>
<b>Faculty International Development Award</b> (Boise State University)	<b>2016</b>
<b>Graduate Studies Travel Award</b> (University of California, Davis)	<b>2014</b>
<b>Human Development Travel Award</b> (University of California, Davis)	<b>2010, 2012, 2013, 2014</b>
<b>Emmy Werner &amp; Stanley Jacobsen Fellowship</b> (University of California, Davis)	<b>2013</b>
<b>Human Development Research Award</b> (University of California, Davis)	<b>2013</b>
<b>Center for Poverty Research Summer Fellowship</b> (University of California, Davis)	<b>2012</b>
<b>Henry A. Jastro Shields Research Award</b> (University of California, Davis)	<b>2012, 2011, 2009</b>
<b>Child Development Award</b> (University of California, Davis)	<b>2009</b>
<b>Non-Resident Tuition Fellowship</b> (University of California, Davis)	<b>2008-2009</b>
<b>Student Leadership Award Nominee</b> (Boise State University)	<b>2007</b>
<b>Gem Full Tuition Scholarship Award</b> (Boise State University)	<b>2003-2007</b>

## Conference Presentations (First-Author)

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**Masarik, A. S.**, Snopkowski, K., Mwangi, S., Bisoka, G., Tirima, S., & Lubemba, P. (April 17, 2026). Family stress and strength among African refugee adolescents resettling in Boise, Idaho. Paper presented (in symposium) at the *Society for Research on Adolescence Conference* (Toronto, CA).

**Masarik, A. S.** (May 2, 2025). Longitudinal applications of the family stress model during childhood. Discussant for paper symposium at the *Society for Research in Child Development Conference* (Minneapolis, MN).

**Masarik, A. S.**, Snopkowski, K., Demps, K., & Mwangi, S. (April 15, 2023). Parent-adolescent conflict and cortisol patterns among African refugees in the Northwest United States. In Z. E. Taylor (Chair), *Challenges and Flourishing in Migrant and Refugee Adolescents in the Mid-and Northwest United States* presented at

the *Society for Research on Adolescence* Conference (San Diego, CA).

- Masarik, A. S.**, Mwangi, S., Doyon, K., Snopkowski, K., & Temkin-Martinez, M. (February 22, 2023). Collaborative research in the community: Building trusting relationships. Workshop presented at the *Idaho Conference on Refugees* (Boise, ID).
- Masarik, A. S.**, Hernández, M., Mercado, E., & Merrin, G. (April 7, 2021). *Attention early scholars: How to thrive professionally in interdisciplinary research, and personally as a human*. In C. R. Rogers (Chair), Student and Early Career Council Conversation Hour Series at the *Society for Research on Child Development* Conference (virtual).
- Masarik, A. S.**, Snopkowski, K., Demps, K., & Mwangi, S. (March 12, 2021). Beyond the individual: Community factors that influence resettlement of African refugee adolescents in the United States. Poster presented at the *Society for Research in Adolescence* Biennial Meeting (virtual).
- Masarik, A. S.**, & Snopkowski, K. (November 20, 2019). Educational success among African refugee adolescents: Family and school influences. Poster presented at the *National Council on Family Relations* Annual Conference in Ft. Worth, TX.
- Masarik, A. S.** (April 27, 2018). Fostering positive classroom climates in large and small enrollment courses. Poster presented at the *Boise State Teaching Scholars Poster Session* at Boise State University.
- Masarik, A. S.** & Conger, R. D. (March 3, 2018). Intergenerational transmission of romantic relationship hostility: Negative emotionality and self-worth as mediators. Paper presented (in symposium) at the *Society for Personality and Social Psychology* Annual Convention in Atlanta, GA.
- Masarik, A. S.**, Rogers, C. R., & Conger, K. J. (November 16, 2017). Sibling support moderates couple hostility across generations. Paper presented (as part of symposium) at the *National Council on Family Relations* Annual Conference in Orlando, FL.
- Masarik, A. S.**, Abellera, C., Holdiman, A., Knudson, A., & Mack, A. (November 18, 2017). Refugee stress and resilience: Application of the Family Stress Model. Poster presented at the *National Council on Family Relations* Annual Conference in Orlando, FL.
- Masarik, A. S.**, Rogers, C. R., & Conger, K. J. (April 6, 2017). Sister sister! Brother brother! Sibling warmth moderates the intergenerational transmission of romantic relationship hostility. Poster presented at the *Society for Research in Child Development* Biennial Meeting in Austin, TX.
- Masarik, A. S.** (November 12, 2015). Mechanisms of intergenerational continuity in hostile romantic relationships. Paper presented at the *National Council on Family Relations* Annual Conference in Vancouver, BC.
- Masarik, A. S.**, Conger, R. D., Donnellan, M. B., Stallings, M. C., Martin, M. J., Schofield, T. J., Neppl, T. K., Scaramella, L. V., Smolen, A., & Widaman, K. F. (October 10, 2014). For better and for worse: Genes and parenting interact to predict future behavior in romantic relationships. Paper co-presented with Rand D. Conger at the *Integrating Genetics and the Social Sciences* Conference at the University of Colorado's Institute of Behavioral Science in Boulder, CO.
- Masarik, A. S.**, Conger, R. D., Martin, M. J., & Ferrer, E. (May 28, 2014). Intergenerational transmission of risk and resilience to economic pressure. Paper presented at the *Society for Prevention Research* Annual Meeting in Washington, D. C.
- Masarik, A. S.**, Martin, M. J., Conger, R. D., & Ferrer, E. (May 31, 2013). Long-term consequences of economic hardship on romantic relationships. Invited poster presented at the *Poverty and the Long Term Effects of Early Life Experiences* Conference (Center for Poverty Research: University of California, Davis).
- Masarik, A. S.**, Martin, M. J., Conger, R. D., & Ferrer, E. (May 30, 2013). Economic pressure and romantic relationship functioning within and across generations: Effective problem solving skills as a source of

resilience. Paper presented at the *Society for Prevention Research Annual Meeting* in San Francisco, CA.

**Masarik, A. S.**, Martin, M. J., Conger, R. D., & Ferrer, E. (April 18, 2013). Intergenerational transmission of couple resilience to economic pressure. Poster presented at the *Society for Research in Child Development Biennial Meeting* in Seattle, WA.

**Masarik, A. S.**, Conger, R. D., & Widaman, K. F. (April 5, 2013). Cumulative genetic plasticity, parenting, and romantic relationships: Evidence for differential susceptibility. Paper presented at the *UC Davis Interdisciplinary Graduate and Professional Symposium* in Davis, CA.

**Masarik, A. S.**, Martin, M. J., & Ferrer, E. (November 1, 2012). Economic pressure and romantic relationship functioning: The moderating role of problem solving. Poster presented in a poster symposium at the *National Council on Family Relations Annual Conference* in Phoenix, AZ.

**Masarik, A. S.**, Conger, R. D., Martin, M. J., Donnellan, M. B., Masyn, K. E., & Lorenz, F. O. (March 10, 2012). Romantic relationships in early adulthood: Influences of family, personality, and relationship cognitions from adolescence. Paper presented at the *Society for Research in Adolescence Biennial Meeting* in Vancouver, BC.

**\*Sanders, A. N.**, Conger, R. D., & Martin, M. J. (March 13, 2010). Predicting the quality of romantic unions in early adulthood: Family of origin, personality, and relationship cognitions. Poster presented at the *Society for Research in Adolescence Biennial Meeting* in Philadelphia, PA.

\*Sanders = former last name.

## Student Presentations (Co-Authored)

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\*undergraduate student

\*Anderson, G. & **Masarik, A. S.** (April 24, 2026). Hopes of emerging college students: Planning for the future. Poster presented at the *Undergraduate Research Showcase* in Boise, ID.

\*Navarette, J. & **Masarik, A. S.** (April 24, 2026). Fostering belonging in Gen Z settings: A qualitative analysis. Poster presented at the *Undergraduate Research Showcase* in Boise, ID.

\*Liberty, N. & **Masarik, A. S.** (April 24, 2026). Recognizing and building resilience in Generation Z. Poster presented at the *Undergraduate Research Showcase* in Boise, ID.

\*Nelson, S. & **Masarik, A. S.** (April 24, 2026). The cultivating of the American mind: Challenging misconceptions of Gen Z through shared values. Poster presented at the *Undergraduate Research Showcase* in Boise, ID.

\*Werner, S., \*Palasch, A., \*Heck, A., \*Robertson, E., \*Jellison, A., Snopkowski, K., & **Masarik, A. S.** (April 24, 2026). The relationship between emotional and social resources and trauma resilience. Poster presented at the *Undergraduate Research Showcase* in Boise, ID.

\*Zahurak, A., \*Mendez, L., \*Mobberley, C., \*Newberg, A., Snopkowski, K., & **Masarik, A. S.** (April 24, 2026). The stress resilience of refugees in Boise, Idaho. Poster presented at the *Undergraduate Research Showcase* in Boise, ID.

\*Anderson, G. & **Masarik, A. S.** (March 28, 2026). Hopes and dreams in emerging adult autobiographies: A qualitative analysis. Poster presented at the *Rocky Mountain Psychological Association Annual Convention* in Boise, ID.

\*Navarette, J. & **Masarik, A. S.** (March 28, 2026). The pursuit of belonging in Gen Z narratives: A qualitative analysis. Poster presented at the *Rocky Mountain Psychological Association Annual Convention* in Boise, ID.

ID.

- \*Liberty, N. & **Masarik, A. S.** (March 28, 2026). "Ordinary magic" among college students: Resilience to everyday stressors. Poster presented at the *Rocky Mountain Psychological Association Annual Convention* in Boise, ID.
- \*Nelson, S. & **Masarik, A. S.** (July 16, 2025). The "anxious" generation: How value systems anchor the human experience. Poster presented at the *Idaho Conference for Undergraduate Research* (Boise, ID).
- \*Nelson, S. & **Masarik, A. S.** (April 15, 2025). The "anxious" generation: How older generations' value systems endanger Gen Z's development. Poster presented at the *Undergraduate Research Showcase* (Boise, ID).
- \*Yuruki, E. & **Masarik, A. S.** (April 15, 2025). The club no one wants to join: Human universal experiences of loss and grief. Poster presented at the *Undergraduate Research Showcase* (Boise, ID).
- \*Nelson, S. & **Masarik, A. S.** (April 19, 2024). Unveiling the impact of militaristic culture: Challenges and in veteran reintegration. Poster presented at the *Undergraduate Research Showcase* (Boise, ID).
- \*Yuruki, E. & **Masarik, A. S.** (April 19, 2024). Documenting shared human experiences of loss and grief. Poster presented at the *Undergraduate Research Showcase* (Boise, ID).
- \*Zahid, R., \*Kamulete, S., & **Masarik, A. S.** (April 8, 2021). Stories of stress and resilience from refugee fathers during resettlement: Implications for child development. Poster presented at the *Society for Research in Child Development Biennial Meeting* (virtual).
- \*Fritz, H., **Masarik, A. S.**, & Rogers, C. R. (November 11, 2020). Behavioral pathways from sibling relationship in adolescence to romantic partnerships in adulthood. Poster presented at the *National Council on Family Relations Annual Conference* (virtual).
- \*Fritz, H. & **Masarik, A. S.** (April 17, 2020). An illustrative review of factors that foster resilience among refugee populations. Poster presented at the *Undergraduate Research Showcase* (virtual).
- \*Zahid, R. & **Masarik, A. S.** (April 24, 2020). Stressors and supports that affect refugee fathers' parenting and their children's development. Poster presented at the *Undergraduate Research Showcase* (virtual).
- \*Kamulete, S., \*Bisoka, G., & **Masarik, A. S.** (April 24, 2020). The influence of the Multilingual Student Alliance on sense of belonging and educational success among refugee-background students. Poster presented at the *Undergraduate Research Showcase* (virtual).
- \*Fritz, H. & **Masarik, A. S.** (April 18, 2020). An illustrative review of factors that promote resilience among refugee populations. Poster to be presented at the *Rocky Mountain Psychological Association Conference* in Denver, CO. (accepted, but conferenced canceled due to COVID-19).
- \*Keeton III, A., **Masarik, A. S.**, Sutin, A., & Robins, R. E. (October 13, 2019). Perceived ethnic discrimination, mental health, and coping among Mexican-American adults: Exploring gender differences. Poster presented at the *Society for Study in Human Development Annual Conference* in Portland, OR.
- \*Keeton III, A. & **Masarik, A. S.** (April 15, 2019). Discrimination, mental health, and coping among Mexican-American adults: Exploring gender differences. Poster presented at the *Undergraduate Research Conference* in Boise, ID.
- \*Kanneberger, E. & **Masarik, A. S.** (April 15, 2019). The association between mental health and olfactory function. Paper presented at the *Undergraduate Research Conference* in Boise, ID.
- \*Abellera, C., \*Kamulete, S., & **Masarik, A. S.** (April 15, 2019). Educational barriers and resources for university refugee-background students. Poster presented at the *Undergraduate Research Conference* in Boise,

ID.

- \*Holdiman, A. & **Masarik, A. S.** (April 16, 2018). Strength or strain: A discussion on the impacts of child language brokering. Paper presented at the *Undergraduate Research Conference* in Boise, ID.
- \*Pedersen, J. & **Masarik, A. S.** (April 16, 2018). Resilience among refugees: Context, culture, and community. Paper presented at the *Undergraduate Research Conference* in Boise, ID.
- \*Moore, C. & **Masarik, A. S.** (April 16, 2018). Protective factors that promote resilience among refugees. Paper presented at the *Undergraduate Research Conference* in Boise, ID.
- \*Beers, A. & **Masarik, A. S.** (April 16, 2018). An illustrative review of expressive therapies for refugee populations. Poster presented at the *Undergraduate Research Conference* in Boise, ID.
- \*Petersen, J. & **Masarik, A. S.** (April 16, 2018). Characteristics of LGBT allies and opponents. Poster presented at the *Undergraduate Research Conference* in Boise, ID.
- \*Abellera, C. & **Masarik, A. S.** (April 14, 2018). Cortisol variations and mental health consequences of war-related trauma: An illustrative review. Paper presented at the *Rocky Mountain Psychological Association Annual Convention* in Denver, CO.
- \*Beers, A. & **Masarik, A. S.** (April 14, 2018). An illustrative review of expressive therapies for refugee populations. Poster presented at the *Rocky Mountain Psychological Association Annual Convention* in Denver, CO.
- \*Petersen, J. & **Masarik, A. S.** (April 16, 2018). Characteristics of LGBT allies and opponents. Poster presented at the *Rocky Mountain Psychological Association Annual Convention* in Denver, CO.
- \*Holdiman, A. & **Masarik, A. S.** (October 21, 2017). Refugee parenting and language: An analysis using the Family Stress Model. Poster presented at the *Western Conference on Linguistics* in Boise, ID.
- \*Abellera, C. & **Masarik, A. S.** (April 17, 2017). Neuroendocrinology and mental health consequences of war-related trauma: An illustrative review. Poster presented at the *Undergraduate Research Conference* in Boise, ID.
- \*Knudson, A. & **Masarik, A. S.** (April 17, 2017). Extracurriculars and refugee youth adjustment in schools: An illustrative review. Poster presented at the *Undergraduate Research Conference* in Boise, ID.
- \*Mack, A. & **Masarik, A. S.** (April 17, 2017). Stress and mental health of refugees: An illustrative review. Paper presented at the *Boise State University Undergraduate Research Conference* in Boise, ID.
- \*Holdiman, A. & **Masarik, A. S.** (April 17, 2017). Resettlement stress and family functioning in refugees: An illustrative review. Paper presented at the *Boise State University Undergraduate Research Conference* in Boise, ID.
- \*Holdiman, A. & **Masarik, A. S.** (April 8, 2017). Resettlement stress and family functioning in refugees: An illustrative review. Paper presented at the *Rocky Mountain Psychological Association Annual Convention* in Salt Lake City, UT.
- \*Knudson, A. & **Masarik, A. S.** (April 7, 2017). Extracurriculars and refugee youth adjustment in schools: An illustrative review. Poster presented at the *Rocky Mountain Psychological Association Annual Convention* in Salt Lake City, UT.

## Invited Presentations

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“Beyond Trauma: Strength and Resilience in Refugee Resettlement”

March 28, 2026

- Rocky Mountain Psychological Association Convention, Boise, ID
- “Stress and Resilience in Refugee Youth and Families”** **September 18, 2024**
- “Talk Psych” event hosted by the Alumni Association, Boise State University
- “Fostering Healthy Intergenerational Relationships”** **September 18, 2024**
- Osher Lifelong Learning Institute, Boise State University
- “Stress and Resilience”** **April 24, 2023**
- Psychology Research Forum Keynote, Northwest Nazarene University,
- “It’s All About Community in Research (on Resilience)”** **October 21, 2020**
- College of Health Sciences, Boise State University,
- “Mapping the Intergenerational Transmission of Romantic Relationship Behaviors”** **March 4, 2020**
- Department of Human Development & Family Science, Texas Tech University
- “Educational Resources and Barriers for Students with a Refugee Background”** **May 23, 2019**
- International Rescue Committee (Boise, ID)
- “Educational Resources and Barriers for Students with a Refugee Background”** **May 3, 2019**
- Honors College, Boise State University
- “My Hopes for You** **April 18, 2019**
- Psi Chi Honors Society Induction Ceremony Keynote, Boise State University
- “12 Jours (12 Days)”** **January 25, 2019**
- Department of World Languages, French Film Festival, Boise State University
- “Stress and Resilience: A Short Course Lecture Series”** **May 9, 16, & 23, 2018**
- Osher Lifelong Learning Institute, Boise State University
- “Beloved Community” Facilitator (Martin Luther King Jr. Living Legacy)** **January 24, 2018**
- Boise State University
- “Educational Outcomes for Refugee Youth in Boise: Sources of Stress and Resilience”** **April 14, 2017**
- Friends of Anthropology Series, Boise State University

## Other Teaching Experience

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- Lecturer / Instructor on Record (University of California, Davis)** **June 2014 – August 2014**
- Department: Human Ecology
  - Course: Research Methods
- Graduate Student Teaching Assistant (University of California, Davis)** **March 2009 – June 2012**
- Department: Human Ecology
  - Courses: Interaction with Young Children; Human Sexuality; Field Study with Children and Adolescents; Social and Personality Development; Individual Differences in Cognition; Child Development; Research Methods

## Mentoring Students in Research and Teaching at Boise State University

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### Research Assistants (n = 29)

- Janet Appleby; Peter Simon; Patrick Barga; Katie Seide; Camille Ivins; Ryan Finley; Anna Holdiman; Amber Mack; Cierra Abellera; Alex Knudson; Courtney Moore; Jonnie Pedersen; Justin Petersen; Alex Beers; Archie Keeton III; Shukuru Kamulete; Jennafer Naifeh; Eva Kanneberger; Hailey Fritz; Georgette Bisoka; Rabia Zahid; Marie Voth; Emily Yuruki; Sailor Nelson; Joselyne Navarette; Grayson Anderson; Naya Liberty; Mia Strand; Saterah Argyle

### Teaching Assistants (n = 68)

- Thomas Gonzalez; Nina Fillmore; Ashley Pyell; Abby Filicetti; Rebekah Archuleta; Devon Murphy; Alexandria Packard; Sara Higley; Katie McMillan; Katie Broderius; Ashley Williams; Katie Harrup; Ashley Compton; Alex Beers; Nadamayi Shanti; Heather Campbell; Kyle Young; Michael Wallace; Lindsey Spears; Derek Bohm; Sarraye Forrest Davis; Tera York; Kayla Roberts; Lindsey Hobbs; Tanner Nelson; Sidney Helsten; Hailey Fritz; Jamie Grecco; Stephanie Balmer; Jessica Baird; Jennafer Naifeh; Hristina Marinova; Kaitlyn Rogers; Samantha Mendez; Richard Keyes; Chris Palasch; Idee Medrano; Bailey Wilkinson; Mariem Laaraj; Brooke Foote; Belle Hodgert; Andrew Belarski; Paige Peterson; Rabia Zahid; Quentin Cruz-Boyer; Nicole Fenton; Jakob Flores; Autumn Dunn; Caley Lynch; Sailor Nelson; Emily Yuruki; Tierney Mayer; Kimberly Ripley; Leo Berliner; Abbie Fox; Ryan Modarelli; Mikayla Ramirez; Ceayre Montgomery; Dave Stephenson; Kathlyn Hedstrom; Caylen Crisostomo; Trinity Nixon; Jada Matheny; Mae Hutchinson; Logan Livesay; Roberto Malagon; Rachel Carlson; Marlee Grako

### McNair Scholars Program Faculty Mentor (n = 3)

- Cierra Abellera; Rabia Zahid; Sailor Nelson

### Honors Students (n = 4)

- Juni Foo; Elena Gardner; Nicole Westphal; Ashley Jernigan

### Master's Thesis Committee Member (n = 1)

- Julia Broderick (Communications)

### Graduate Faculty Representative – Doctoral Dissertation Committee (n = 2)

- Molly Moran (Counselor Education); Trent Garrett (Physics)

## Service to the Profession

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**Editorial Board** – *Journal of Family Psychology* **2024 – present**

**Co-Guest Editor** – *Journal of Family Psychology* (Special Issue: Resilience & Family Stress) **2023 – 2025**

**Editorial Board** – *Journal of Youth and Adolescence* **2014 – present**

**Ad-hoc Reviewer** **2012 – present**

*Sexuality and Culture*  
*Journal of Youth and Adolescence*  
*Journal of Early Adolescence*  
*Personal Relationships*  
*Journal of Marriage and Family*  
*Journal of International Psychology*

## Service to the Department, College, & University

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<b>Psi Chi International Honors Society - Faculty Advisor</b> for BSU Chapter	<b>2024 – present</b>
<b>Faculty Search Committee</b> – Department of Psychological Science	<b>Fall 2024</b>
<b>Research Colloquium Committee</b> – Department of Psychological Science	<b>2023 – present</b>
<b>Assessment Committee</b> – Department of Psychological Science	<b>2023 – present</b>
<b>Personnel Committee</b> – Department of Psychological Science	<b>2021 – present</b>
<b>Refugee Collaboration Committee</b> – Boise State University	<b>2017 – present</b>
<b>Graduate Program Development Committee</b> – Department of Psychological Science	<b>2017 – 2019</b>
<b>Faculty Search Committee</b> – Department of Psychological Science	<b>Spring 2019</b>
<b>Faculty Search Committee</b> – Department of Psychological Science	<b>Fall 2017</b>
<b>Social Media Committee</b> – Department of Psychological Science	<b>2017 – 2019</b>
<b>Honors and Awards Committee</b> – College of Arts & Sciences	<b>2016 – 2017</b>
<b>Academic Ambassador, Admissions Program</b> – Boise State University	<b>2015 – 2020</b>

## Service to the Community

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<b>Board Member</b> – Tidwell Social Work Services & Consulting, Inc. (Boise, ID)	<b>2017 – 2022</b>
<b>Starling Project Mentor</b> – Jannus Inc. Economic Opportunity (Boise, ID)	<b>2020 – 2021</b>
<b>Expert Witness</b> – Immigration Court (Boise, ID)	<b>2017 – 2020</b>
<b>Service-Learning Community Partners at Boise State University</b>	<b>2016 – 2019</b>
<a href="#"><i>International Rescue Committee, Boise</i></a>	
<a href="#"><i>Agency for New Americans</i></a>	
<a href="#"><i>NeighborWorks Boise</i></a>	
<a href="#"><i>Boise School District</i></a>	
<a href="#"><i>West Ada School District</i></a>	
<a href="#"><i>Girls Scouts of Silver Sage Council</i></a>	
<a href="#"><i>Boise Parks and Recreation After School Programs (Kid City)</i></a>	
<a href="#"><i>Book it Forward</i></a>	
<a href="#"><i>English Language Center</i></a>	
<a href="#"><i>YMCA, Caldwell</i></a>	
<a href="#"><i>Community Council of Idaho</i></a>	
<a href="#"><i>Learning Lab</i></a>	
<a href="#"><i>Osher Lifelong Learning Institute</i></a>	

## Professional Development

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<b>Campus Innovation for a Multigenerational Society</b> - Webinar Campus Co-Generate	<b>July 22, 2025</b>
<b>Faculty Success Alumni Program</b> National Center for Faculty Development & Diversity	<b>May – present</b>
<b>Faculty Success Program</b>	

**Center for Teaching and Learning Workshops/Courses (Boise State University)**

Supporting First-Generation Students  
 The Relationship-Rich Classroom  
 Teaching Students Teamwork Skills  
 Understanding the Student Experience: Supporting Students with Disabilities  
 Building Inclusive Learning Communities  
 How Do I Keep Students Engaged Online?  
 Teaching First Generation College Students: Strategies & Supports  
 Great Ideas for Teaching and Learning Symposium  
 Introduction to LGBTQIA+ Identities  
 Supporting the LGBTQIA+ Community  
 An Introduction to Effective Course Design  
 Working Toward More Equitable Team Dynamics  
 Strategies for Engagement in Large Enrollment Courses  
 Just in Time Teaching  
 Inclusive Excellence at Boise State University  
 Leveraging Learning Assistants  
 Hot Moments and Difficult Discussions  
 Integrating Global Engagement into Your Course  
 Mid-semester Assessment Process (MAP) for Child Development  
 Flipping Your Classroom: Tools, Tips, Techniques, & Strategies

March 25 – 29, 2024  
 September 22, 2023  
 May 10, 2023  
 March 15, 2023  
 August, 2020  
 July 7, 2020  
 June 1, 2020  
 January 7, 2020  
 July 30, 2019  
 July 30, 2019  
 November 2, 2018  
 October 24, 2018  
 September 28, 2018  
 February 21, 2018  
 January 17, 2018  
 December 15, 2016  
 September 23, 2016  
 March 10, 2016  
 October 15, 2015  
 September 28, 2015

**14 Day Writing Challenge**

National Center for Faculty Development &amp; Diversity

April 24 – May 7, 2023  
 June 5 – 19, 2023

**SciLine Media Training**

Boise State University

April 19, 2023

**Idaho Conference on Refugees: “Connections”**

Idaho Office for Refugees

February 22 – 23, 2023

**Write to Change the World**

The Op-Ed Project

Dec. 14 – 15, 2022

**Qualitative Friendly Mixed Methods Workshop**

American Psychological Association

September 22, 2022

**Idaho Conference on Refugees: “Belonging Begins with Us”**

Idaho Office for Refugees

Feb. 28 – Mar. 1, 2022

**Idaho Conference on Refugees: “Onward”**

Idaho Office for Refugees

March 9, 2021

**Idaho Conference on Refugees: “Still We Rise”**

Idaho Office for Refugees

February 3-4, 2020

**Idaho Conference on Refugees: “You are Welcome Here”**

Idaho Office for Refugees

February 4-5, 2019

**Idaho Conference on Refugees: “Resilience”**

Idaho Office for Refugees

February 6-7, 2017

**Refugee Resettlement Teach-In**

Agency for New Americans &amp; International Rescue Committee

January 3, 2017

<b>Idaho Conference on Refugees: “Stronger Together”</b> Idaho Office for Refugees	February 8-9, 2016
<b>Annual Conference on the Teaching of Psychology</b> Society for Teaching Psychology (Atlanta, Georgia)	October 21 – 22, 2016
<b>International Workshop on Statistical Genetic Methods for Human Complex Traits</b> Institute for Behavioral Genetics (University of Colorado, Boulder)	March 4 – 8, 2013
<b>Writing in the Sciences</b> Course at Stanford University through Coursera, Inc.	September 24 – November 18, 2012
<b>Center for Poverty Research Seminar</b> Center for Poverty Research (University of California, Davis)	September 23 – 25, 2012

## Media Contributions & Mentions

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- [Masarik Co-Authors Chapter in Family Relationships Handbook](#) (Boise State News)  
November 14, 2025
- [Happiness and Resilience: A Panel Discussion with Boise State Public Radio](#) (Idaho History Museum)  
January 21, 2025
- [Tips for Cultivating Happiness and Resilience](#) (“Idaho Matters” on Boise State public radio)  
January 14, 2025
- [A Dive into the Everyday Impacts of Journaling](#) (The Arbiter: Boise State student newspaper)  
October 24, 2024
- [Psychologist, District Officials weigh in on teen depression in wake of recent suicides at BSD](#) (Idaho Press)  
December 9, 2023
- [Masarik Publishes Article on Resiliency Among Resettling Refugee Youth](#) (Boise State news)  
May 24, 2022
- [Mentor Series with April Masarik and Rand Conger](#) (Psych Sessions: Convos About Teaching N’ Stuff podcast)  
May 27, 2021
- [Masarik Finds that Degrees of Sibling Warmth Affects Future Romantic Relationship Hostility](#) (Boise State news)  
October 2, 2020
- [Scientist, Humanist, Educator...True Boise State Gem](#) (Psych Sessions: Convos About Teaching N’ Stuff podcast)  
December 24, 2019
- [Social Work Student Paves the Path for Fellow Refugees](#) (Boise State news)  
October 22, 2019
- [How Does Psychological Stress Affect Refugees? Boise State Researchers Answer](#) (radio interview)  
October 16, 2019
- [Interdisciplinary Research Team will Study Stress and Resiliency in Local Refugee Students](#) (Boise State news)  
September 19, 2019
- [Boise State in the Community](#) (student project, video interview)  
March 9, 2019

[Service Learning Isn't Just a Curriculum](#) (Boise State news)

January 26, 2019

[Boise State Celebrates French Film and Marks Black History Month...](#) (Boise State news)

January 23, 2019

[Refugees Recovering from Stabbing After Attack in Idaho](#) (local news)

August 18, 2018

[Trauma Piles on for Refugees in the Wake of Boise Stabbings...](#) (radio interview)

July 27, 2018

[Online Dating Platforms Host Humans, Ghosts, and Catfish](#) (The Arbiter: Boise State student newspaper)

February 9, 2016

[Experts on Romance and Relationships for Valentine's Day](#) (University of California, Davis news)

February 2, 2015

[Messages on Marriage Absorbed by Children at Home](#) (blog feature)

April 26, 2013

[Positive Family Relationships Linked to Healthy Marriages](#) (news feature)

February 11, 2013

[Positive Family Relationships Linked to Healthy Marriages](#) (news feature)

February 8, 2013

## Professional Memberships & Organizations

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American Psychological Association  
Society for the Teaching of Psychology (APA Division 2)  
Developmental Psychology (APA Division 7)  
National Council on Family Relations  
Society for Research in Child Development  
Society for Research in Adolescence  
Psi Chi International Honor Society  
Phi Kappa Phi Honor Society